



Pulmonary
Hypertension
Association UK

“
**PH
DAY
UK 26**
6th NOVEMBER

**WE NEED
TO TALK**

ABOUT PH

**Stigma survives in silence
and thrives in the shadows
of shame.**

“
**Let's break it with
conversation**”



*Please scan this code to
take just 2 minutes to
find out more about
pulmonary hypertension*

#PHDayUK phauk.org

Registered Charity Number: 1120756

